

AUSTSWIM Teacher of Towards Competitive Strokes™ (TCS)

The course aims to provide candidates with the competencies to bridge the gap between the teaching and coaching of swimming.

Pre requisite

Candidates are required to have:

1. AUSTSWIM Teacher of Swimming and Water Safety™ accreditation.
2. a reasonable level of fitness and swimming ability.

Content

The course consists of approximately 9 contact hours (theory and practical), plus 10 hours of practical observation hours.

Topics include:

1. Towards competitive swimming
2. External influences and conditions
3. Instructional styles
4. Learning - making it work
5. Development of competitive stroke technique

Assessment

To gain the accreditation, the following assessment components must be satisfactorily completed within 12 months of the course commencement date.

1. Practical assessment.
2. Theoretical assessment.

Additional Requirements

1. Practical observation hours.
2. Show evidence of holding a current cardio pulmonary resuscitation (CPR) award.
3. Teacher Declaration.
4. Submit photo for AUSTSWIM Teacher Licence™.

Accreditation

On successful completion of all course requirements candidates will receive the AUSTSWIM Teacher of Towards Competitive Strokes™ accreditation. This is valid for 3 years at which point the AUSTSWIM Teacher™ must renew their accreditation