

AUSTSWIM Teacher of Swimming and Water Safety™ (TSW)

The AUSTSWIM Teacher of Swimming and Water Safety™ course provides candidates with essential competencies to teach swimming and water safety™ to persons from four years of age in swimming pools and confined natural shallow water venues. Accreditation is valid for three years.

Pre requisite

Candidates:

1. may enrol in an AUSTSWIM course at 16 years of age but are not eligible to receive the accreditation until they are 17 years of age.
2. are required to have a reasonable level of fitness and swimming ability.

Delivery Strategy

The course consists of theory and practical components.

1. Theory component - topics may be offered through classroom attendance or selected topics via DVD home study.
2. Practical component - involves swimming and water safety activities that may be carried out in shallow or deep water.

Content

The course is approximately 16-20 contact hours (theory and practical), plus supervised on the job teaching hours and assessment.

Topics include:

1. Overview of AUSTSWIM and the aquatic industry
2. Legal responsibilities for the AUSTSWIM teacher™
3. How people learn
4. Being an effective teacher
5. Aquatic safety, survival and rescue skills
6. Principle of movement in water
7. Water familiarisation, buoyancy, mobility and safety
8. Teaching safer diving skills
9. Towards efficient stroke development
10. Plan, deliver and review a lesson

Assessment

To gain the AUSTSWIM accreditation, the following assessment components must be satisfactorily completed within 12 months of the course commencement date.

1. On-line theory assessment (completed after attending a course).
2. Continuous Aquatic Sequence.
3. Practical demonstration of teaching skills, including the preparation of lesson plans.
4. Demonstrate competence in water safety techniques.

Candidates holding a current Bronze Medallion, Pool Lifeguard or equivalent award, may gain an exemption by providing a copy of the award.

Additional Requirements

1. Practical teaching hours including observation, supervised teaching and verification of teaching competency.
2. Show evidence of holding a current cardio pulmonary resuscitation (CPR) award.
3. Teacher Declaration (completed on-line with theory exam).
4. Submit photo for AUSTSWIM Teacher Licence™.

On successful completion of all course requirements candidates will receive the AUSTSWIM Teacher of Swimming and Water Safety™ accreditation. This is valid for 3 years at which point the AUSTSWIM Teacher™ must renew their accreditation